

OPINION STATEMENT

By prof. **Nikolina Georgieva Dimitrova-Nedkova**, DSc,

member of a scientific jury composed on the basis of order No. 1306 / 14.12.2022 by the Rector of the National Sports Academy "Vassil Levski" - Sofia, for the purposes of a competition for the academic position "Associate Professor" in the field of higher education 7. Health care and sports, professional field 7.6. Sport, specialty Sport (Handball) for the needs of the "Handball" section at the "Basketball, Volleyball and Handball" department.

I. Competition data

NSA "Vassil Levski" - Sofia, announces a competition for the academic position of "Associate Professor" in SG No. 93 of 22.11.2022, pages 62-63, in the field of higher education 7. Health care and sports, professional field 7.6. Sport, specialty Sport (Handball) for the needs of the "Handball" section at the "Basketball, Volleyball, Handball" department. In the specified period for participation in the competition, only one candidate submitted her documents – chief assistant **Milena Georgieva Avramova, doctor**, teacher in the "Handball" section at the "Basketball, Volleyball, Handball" Department of the National Sports Academy - Sofia.

I do not find any violations of the procedure for the announced competition for "Associate Professor".

II. Personal data and professional development of the candidate

The candidate for participation in the competition chief assistant Milena Avramova, PhD, was born on 18.01.1978. She graduated from the National Sports Academy "Vasil Levski" in 2007 with a Master's degree.

In 2015, she acquired the educational and scientific degree "Doctor" in the scientific specialty "Theory and Methodology of Physical Education and Sports Training (incl. Methodology of Physical Therapy) - NSA "Vassil Levski".

Her career development began in 2018 as an assistant at the "Handball" Sector in the "Basketball, Volleyball, Handball" Department at the National Sports Academy "Vassil Levski".

Fulfillment of the requirements for occupying the academic position

The submitted reference report on the fulfillment of the minimum national requirements and the respective evidence show that the research and applied activity of the candidate for "Associate Professor" fully meet the requirements of both the Law for the development of the academic staff in the Republic of Bulgaria and the Regulations for the acquisition of the scientific degree "Doctor of Sciences" " and occupying academic positions at the National Sports Academy "Vassil Levski". The indicators are presented in the table below and it is clear that the minimum requirements for points by groups of indicators for acquiring the academic position "Associate Professor" in the National Sports Academy "Vassil Levski" field 7. Health care and sports, professional field 7.6. Sports are available, and the performance on some indicators (Г, Д and E) is above the norm.

A group of indicators	Contents	Associate Professor	Fulfilled by chief assistant M.Avramova,PhD
A	Indicator 1	50	50 - dissertation work
B	Indicator 3	100	100 - Monograph
Г	Sum of indicators from 5 to 9	290 (minimum 120 at Г.7)	427 - <i>Reports</i> (of which 150 at Г.7)
Д	Sum of indicators from 10 to 12	50	185 - citations
E	Sum of indicators from 13 to the end	100 (minimum 2 at E.14, availability of E.20, no more than 40 p. at E.23 and E.24 in total)	150 <i>Graduates; Training of interns and specialists; Projects</i>

The scientific works submitted for participation in the competition by the Chief assistant M. Avramova include a monograph and 15 scientific publications. The main scientific-theoretical and scientific-applied research achievements of the candidate are extremely targeted and closely oriented to the topic of the announced competition. In

general, the scientific and applied contributions of the candidate belong to the following topics:

- ✓ The somatotype in adolescent and elite handball players and the need for individualization of the training process according to the morphological structure of the respective competitor, and tracking of adaptation changes in the body structure during the training loads were studied and analyzed.
- ✓ A regulatory system has been created to control the anthropometric and sports-technical indicators of adolescent handball goalkeepers.
- ✓ An innovative approach has been developed in the practical application of exercises for the handball goalkeeper. Training models relevant to optimizing the training process are presented.
- ✓ The attacking game activity of highly qualified female handball players from world and European championships was analyzed.
- ✓ Optimization of the management of the educational and training process of handball players in a sports school.

Among the publications subject to review for participation in the current competition for the position of "Associate Professor" of particular importance, regarding the scientific specialty of the competition, is the monographic work "Preparation of the handball goalkeeper" (978-954-718-683-5). The topic of the present study is particularly relevant, and its development is significant for the theory and practice of training the handball goalkeeper, as well as regarding the need for scientifically based, modern and expedient approaches.

The presented data on the candidate's publications speak of consistency, systematicity and thoroughness of her scientific research.

IV. Assessment of educational and sports-pedagogical activity

The scientific and research activity of chief assistant M. Avramova, PhD includes also her participation in research and educational projects:

- ✓ Participation in Erasmus+ projects; 623055-EPP-1-2020-1-IT-SPO-SKP „Sharing positive values by strengthening the role of judges – SPORT4RULES” 2020-2022;
- ✓ National scientific and research project of the NSA "Vasil Levski" - "Analysis and evaluation of the physical capacity of students from secondary schools in the Republic of Bulgaria";
- ✓ National project of the Sofia Municipality, Students District - "Children's Arts and Sports Camp 2022".

Lecturer at workshops and practical training in programs for interns, specializing learners and doctoral students.

Chief assistant Milena Avramova is the supervisor of two students (graduates).

V. Conclusion

Based on everything presented above, I have reason to state that there are enough scientific arguments to give my positive vote for the election of chief assistant **Milena Avramova, PhD** for the academic position of "**Associate Professor**" of the National Sports Academy "Vassil Levski" in the field of higher education 7. **Health care and sports**, professional field 7.6. Sport, specialty Sport (**Handball**) for the needs of the "**Handball**" section at the "**Basketball, Volleyball and Handball**" department.

23.02.2023
Sofia

Member of scientific jury:.....
(prof. N.Dimitrova, DSc)