

Statement

By Assoc. Prof. Georgi Yordanov Bozhilov, Ph.D

Regarding: The submitted scientific works for participation in a competition for the academic position of "ASSOCIATE PROFESSOR" at the "Vasil Levski" National Academy of Sciences in the field of higher education 7. Health care and sports; professional direction 7.6 Sport, specialty "Sport" (Handball) announced for the needs of the "Basketball, Volleyball, Handball" department.

Only one candidate participated in the announced competition for the academic position of "ASSOCIATE PROFESSOR" (SG No. 93/22.11.2022) - Ch. Assistant Professor Milena Georgieva Avramova, PhD.

Chief assistant Milena Avramova completed her higher education at the "V. Levski" National Academy of Sciences, Sofia, in 1999 with the qualifications "Handball Coach" and "Physical Education Teacher". In 2007, she acquired a master's qualification "Master of Handball in the Educational System" at the "V. Levski" National Academy of Sciences. Since 2018, she has been an assistant at the "V. Levski" National Sports Academy, Sofia, and since 2020, she has been the main assistant in the "Handball" sector at the "Basketball, Volleyball, Handball" department. In 2015, she successfully defended her dissertation and was awarded PhD educational-scientific degree. Her professional skills include: Handball Head Referee; National handball player; Lecturer at the Bulgarian Handball Federation; Member of the Society of Biomechanics at BAS. She speaks two languages - Russian and English.

Chief assistant Milena Avramova teaches in the "Bachelor's" and "Master's" programs in the "V. Levski" National Academy of Sciences. She has participated in scientific projects, in publishing study programs, organized scientific conferences and scientific forums at the department.

The scientific production of Ch. Assistant Professor Milena Avramova meets the minimum national requirements for admission and participation in the "Docent" competition. A total of 17 scientific papers were submitted for review, which include:

- Abstract, monograph - 2 copies.

- Publications in anthologies and scientific journals – 15 issues, of which 5 are in English; 11 are independent and 4 co-authored

The submitted publications meet the requirements for scientific production. They are based on the author's use of modern reliable methods and approaches. Her ability to reveal and develop concepts for working with adolescents is evident in all her works: in the field of sportsmanship in handball; and to pupils and students. Main direction in the scientific work of Ch. assistant Milena Avramova refers to the problems in the sports training of adolescent handball players, and specifically the handball goalkeeper. In another direction, the author develops a scientific production related to the application of the handball game in school physical education classes.

For participation in the competition for the academic position "Docent", Milena Avramova submitted an abstract for a dissertation and a monograph.

The first development is the dissertation work on the topic: "Optimization of the selection and training of the handball goalkeeper", in which it treats the problem related to the study and establishment of the morphological status and sport-technical characteristics of adolescent handball goalkeepers, as well as approaches to their modeling. Important methodological conclusions have been drawn related to the successful implementation of goalkeepers, for which the selection and modeling of specific exercises are essential, both for initial training and for improvement.

The second is a monographic work, on the topic: "Preparation of the handball goalkeeper". A theoretical clarification of the selection, control and modeling of the preparation of the handball goalkeeper has been made. The main directions for specialized training of the handball goalkeeper are presented. The stages in the multi-year training of the handball goalkeeper have been developed. The game performance of highly qualified goalkeepers at the WCh 2015-2017, as well as for men at the WCh 2019 for men in Denmark and Germany, is analyzed.

In the competition for "Assistant Professor" Milena Avramova presents 15 scientific publications. They show a great methodological and research activity. All of them are aimed at:

- Management and control of the sport trainings of the handball goalkeeper (No. 4,5,8,12)

- Sports training of young and highly qualified handball players (No. 2,9,10,13,14,15).
- Physical capacity of pupils and students (№№ 1,3,6).
- The handball game in classes with students (No. 7,11).

Summarized scientific contributions:

- The presented scientific production speaks of a large-scale research, methodical-applied and pedagogical activity.
- The system of training and sports training of the handball goalkeeper was studied.
- A regulatory system has been created to control the anthropometric and sports-technical indicators of adolescent handball goalkeepers.
- Provided in practice a lot of data, supporting the work in the educational and training process of young handball players.
- The management of the learning and training process of handball players from a sports school has been optimized, through control of the training process.

Milena Avramova participates in annual training seminars for coaches, as a lecturer at the Bulgarian Handball Federation. She is a member of the biomechanics society at the BAS. She participates in the author's collective in the development of a system for assessing the physical capacity of students from the 1st to the 12th grade. She is the coach of the national handball team for girls up to 19 years of age.

Under her leadership, 4 students successfully defended their theses at the Bachelor's of Arts and Sciences.

From the attached reference it is clear that Milena Avramova is cited in a number of scientific developments in national sources.

In the presented scientific production, the literary sources were correctly used and no plagiarism was found.

Conclusion:

On the basis of the analyzes and evaluations of the specified scientific applied contributions from the scientific works, as well as the qualities of a teacher and researcher of ch. assistant professor Milena Georgieva Avramova, doctor, I propose to be awarded the academic position of " ASSOCIATE PROFESSOR" at the Vasil Levski National Academy of Sciences in the field of higher education 7. Health care and sports; professional direction 7.6 Sport, specialty "Sport" (Handball) for the needs of the "Basketball, Volleyball, Handball" department.

March 24, 2023

Prepared by:

/ Assoc. Prof. George Bozhilov – Ph.D. /