

OPINION

of Assoc. Prof. Rositsa Dimitrova Dimkova, Ph.D.

member of the scientific jury

on the competition for the academic position "**Associate Professor**",

Order RZ № 1684/15.12.2021, NSA "Vasil Levski", Faculty of Teacher Education, Department of Basketball, Volleyball, Handball

Field of higher education: 7. Health and sports.

Professional field: 7.6 Sports.

Scientific specialty: Sports (Handball).

Department: Basketball, Volleyball, Handball.

The competition was announced in the State Gazette, issue N 96 on 19.11.2021.

Candidate: **Senior Assistant Sasho Georgiev Chaney, Ph.D**

1. Data for the competition

The competition for the academic position "Associate Professor" was announced in accordance with the regulations in SG, issue 96 on 19.11.2021. The only candidate in the competition is Senior Assistant Sasho Georgiev Chaney, PhD, who meets the requirements within the meaning of Art. 24 of the ZRAS in the Republic of Bulgaria, the Regulations for application of the ZRAS in the Republic of Bulgaria, the Regulations of the NSA "Vasil Levski" on the terms and conditions for acquiring scientific degrees and holding academic positions.

2. Details of the candidate

Sasho Georgiev Chaney was born on October 31, 1961 in the village of Ilindentsi, Blagoevgrad region. In 1991 he graduated with a Bachelor's degree from the National Sports Academy "Vasil Levski", majoring in Handball Coach and Physical Education Teacher.

The career development of Senior Assistant S. Chaney, PhD is entirely in the educational system and is related to the training of handball. In the period 1996-1999. is the coach of the NSA handball team - women, participated in state and student championships. From 1999 to 2012 has won numerous prize rankings, as a coach of NSA handball teams - men who participated in state and student championships, as well as a coach of junior seniors at the NSA, champions for Bulgaria in 2001, 2004 and 2006. As a doctoral student of independent prepatation Senior Assistant Sasho Chaney defended his dissertation on "Age

peculiarities in the development of the specific working capacity of adolescent handball players", on the basis of which he was awarded the educational and scientific degree "Doctor".

Senior Assistant Sasho Chanev, PhD combines the competencies of a university lecturer and a handball coach, which is the basis of the good results achieved both in scientific growth and in the activities of sports organizations and student sports.

3. Description of scientific works

The candidate for the academic position "Associate Professor", Senior Assistant Sasho Chanev, PhD presented 16 titles in which he is an independent author or co-author. The submitted publications, the abstract of the doctoral dissertation is not subject to review (A.1.1).

The list of publications includes:

- B.3.1. Habilitation work - monograph - 1 pc. (136 pages), (100 pages).
- D.7. Publications and reports published in scientific journals, referenced and indexed in world-famous databases with scientific information (120 points): № 1,2,3.
- D.8. Publications and reports published in non-peer-reviewed journals with scientific review or published in edited collective volumes (232.5 points):
 - ♦ 4 in the specialized scientific journal, "Sports and Science" - (№ 4, 5, 6, 10).
 - ♦ 4 in "Yearbook of NSA and NSA PRESS" - (№ 2, 8, 11, 12).
 - ♦ 3 in proceedings of scientific conference proceedings - (№ 3,7,9).

There are 6 independent publications, and those in co-authorship - 9, where the personal contribution of the candidate shows that he is able to carry out scientific and experimental activities not only individually but also in a team. The scientific works are on current scientific problems, written professionally and most of them are directly oriented to children's and youth sports.

The main place in the scientific works is occupied by the monographic work on the topic: "Model characteristics and competitive efficiency in handball". The development is structured in three main sections: Section 1 "Features of handball selection". 2nd section "Model characteristics of the modern handball player" and 3rd section "Peculiarities of the game activity and competitive

realization in handball". The main characteristic of the present work is its applied orientation, which is justified by an in-depth theoretical analysis consistent with modern handball.

The interest in the scientific production of Senior Assistant Sasho Chanev Ph.D is evident from the observed citations in 18 works of graduates, doctoral students and lecturers.

It is advisable in the future to focus on scientific events outside the country in order to more widely disseminate the results of experimental work and their use in practice.

4. Scientific contributions

The scientific production of Senior Assistant Sasho Chanev, Ph.D, presented in connection with his participation in the competition, contains results with the nature of contributions, which on the one hand enrich the theory in the field of sports, and on the other - reveal opportunities for better quality training and sports activity in children and adolescents. The scientific and applied contributions of the presented works can be reduced to the following:

- ♦ An in-depth study of the problems related to the specific abilities and qualities that build the individual model of a successful handball player.
- ♦ The factor structure of physical development and the specific working capacity of 17, 18 and 19 years old are revealed. handball players who are a reserve for high sportsmanship. The derived factors allow to determine the most significant characteristics of physical development and specific performance in each of the studied age groups.
- ♦ For the first time in Bulgaria a normative base for control and optimization of the sports training of 17-19-year-old handball players has been developed on a total of 34 indicators: physical development - 13 indicators; special physical fitness - 8 indicators; specific technical and tactical readiness - 6 indicators; some mental abilities and qualities - 7 indicators.
- ♦ A study was conducted on the level of development of the specific working capacity of students from 5th to 12th grade of sports schools in Bulgaria, with a profile "Handball" and on this basis were developed (by projects of the Ministry of FVS):
 - a system for assessing the results of sports training of students in each class of the Handball profile;

- examination requirements and assessment criteria during the matriculation examination for the professional qualification "Assistant Handball Coach".

- ♦ A system for registration and statistics of hits in the handball goal has been developed and tested in practice and on this basis its possible applications in the process of management and optimization of sports training in handball have been outlined.
- ♦ An assessment of stress reactions in handball players was made using an experimental model of competitions with a minimum of physical activity and various stressors (refereeing errors, audience, etc.). It has been proven that the most informative for the accurate assessment of emotional stress is the indicator "HRavd" (average blood pressure).

5. Teaching work

In his capacity as a lecturer at the NSA "Vasil Levski" Senior Assistant Sasho Chaney, PhD is realized competently in the training of students in the Bachelor's degree - exercises, workshops and lectures at the NSA, Sofia. He conducts theoretical and practical training in handball in various forms. Everywhere he shows the necessary responsibility, goodwill and flexibility in using modern approaches to motivate students and cooperation with colleagues.

The announced competition is provided with the necessary number of lecture courses.

6. Conclusion

I believe that the quality and content of the presented scientific papers by the candidate Senior Assistant Sasho Georgiev Chaney, PhD in combination with his teaching activities and practice as a handball coach fully meet the criteria, requirements and conditions for holding the academic position of "Associate Professor" in the competition. On this basis, I give my positive assessment and propose to the esteemed scientific jury to award Senior Assistant Sasho Georgiev Chaney, PhD, academic position "Associate Professor" in the field of higher education: Professional field: 7.6. Sports, Scientific specialty: Sports (Handball), for the needs of the department: Basketball, Volleyball, Handball.

February 20, 2022

Veliko Tarnovo

Author of the opinion:

(Assoc. Prof. Rositsa Dimkova, PhD)