

REVIEWS

by Prof. Milena Velichkova Alexieva, Ph.D

Professional area: 1.3. Pedagogy of training in...,

Scientific specialty: Theory and methodology of physical education and sports training

Faculty: Pedagogical

University "St. Cyril and St. Methodius", Member of the Scientific Jury

Regarding

Competition for the occupation of the academic position of “professor” in the field of higher education 7. Sport, professional field 7.6. Health and sports, scientific specialty “Sport (basketball)” for the needs of the department “Basketball, volleyball, handball”, NSA “V. Levski” - Sofia

1. Contest information

The competition for the occupation of the academic position of professor is published in the State Gazette, issue. 97 of 13.11.2020, p. 84, according to the Decision of the Faculty of Pedagogy of the NSA under the protocol №7/21.12.2020 and was declared for the needs of the department “Basketball, volleyball, handball”.

I have been appointed to participate in the composition of the scientific jury under this competition in accordance with the Law №1833/22.12.2020 of the Rector of NSA “V. Levski”.

2. Brief information about the candidates in the competition

The only candidate in the competition is Associate Professor Tsanko Angelov Tsankov, Ph.D who meets the requirements within the meaning of Art. 24 of the ADAS in the Republic of Bulgaria, the Regulations for the application of the ADAS in the Republic of Bulgaria, the Regulations of the National Sports

Academy on the conditions and procedure for acquiring scientific degrees and occupying academic positions.

Assistant Professor Tsanko Angelov Tsankov, Ph.D graduated from the National Sports Academy “Vasil Levski” in Sofia - Master's Degree Program, major: “Physical Education Teacher; Basketball Coach “in 1988 (then ”G. Dimitrov“). From 01.11.1988, after a competition, he was appointed as a Basketball Assistant in the “Basketball, Volleyball, Handball” Department at the same institution where he has been working until now.

The educational and scientific “doctorate” degree was awarded in 2004 with the thesis on “Methodology for improving the speed-power qualities of adolescent basketball players (13-14 years)” in the scientific specialty “Theory and methodology of physical education and sports training (including the method of physical therapy)“.

The administrative and public activity of the applicant is multidimensional. At various times he has held the following positions in the NSA - Head of Basketball Sector, Head of Basketball, Volleyball, Handball Department, Deputy Dean of the Faculty of Education, Member of the Academic Council, Chairman of the General Assembly of the Faculty of Teachers, President of the basketball team.

Since 2016 he is the chairman of the Licensing Commission and a member of the coaching committee at at Bulgarian Basketball Federation, member of the BOC student and student sports committee, the main coordinator of the methodical association for basketball at ATS “Akademik”.

The candidate's participation as a member of the editorial boards of the Revista observatorio del deporte - Spain and the journal Sport and Science - is evidence of his sportological research and relevance in the development of his research.

He has the necessary computer literacy, is fluent in written and spoken English and Russian.

3. Fulfillment of the requirements for occupation of the academic position

Assistant Professor Tsanko Angelov Tsankov, Ph.D is an active author, with his scientific interests mainly focused on basketball training. He submits a list of his scientific output containing 24 units to the competition for the academic position of “Professor”.

The quantitative indicators, which allow accurate answers, prove that the required minimum is exceeded - if the required minimum according to the requirements of the NSA is 630 points, the applicant submits 1206,3 t.

He is the author of the monograph *Long-term training of women basketball players* (2020), 159 pages, and co-author of the collective monograph “Almanac of the Basketball, Volleyball, Handball” Department (2017).

He is also the co-author of the NSA Basketball Students' Textbook, as well as the “Basics of Basketball and Mini Basketball Studies for NSA Students – Guide”, which are a kind of guide to basketball training at NSA “V. Levski”.

The specialized basketball training program for students in grades from V to XI of sports schools, which he also co-authored, directs the training process to the methodical sequence of training, to the consistent acquisition of certain knowledge, the formation of motor skills and habits and the development of special motor qualities for the basketball.

The candidate's monographic work *Long-term training of women basketball players* merits special attention. It comes as a result of both his teaching and coaching experience reflected in his scholarly profile.

Assoc. Prof. Tsanko Tsankov successfully interprets the theory and practice of basketball, analyzes the features of organizing and conducting long-term sports

training with women basketball players, offers approaches for training and control in accordance with the dynamic development of the game.

I consider the results of the study of high practical significance regarding the optimization of the control and management of some aspects of sports preparation in the training process with women basketball players.

The scientific articles presented by the applicant have been published in journals and reported at conferences both in Bulgaria and abroad.

A scientific style is used stating the author's personal opinion.

Assoc. Prof. Tsanko Tsankov is the supervisor of two doctoral students, who successfully defended their dissertations – Ilkay Yazarer and Baurzhan Zaurenbekov. Currently a third doctoral student – Galimir Tomov – is working under Assoc. Prof. Tsankov's supervision. These facts are indicative of the candidate's affinity for scholarly research as well as his willingness to transfer knowledge, skills and competence.

4. Citation and contribution point

The noted citations in monographs and scientific articles are a process and proof of the relevance of the author's scientific problems.

The scientific papers proposed for review indicate the readiness of the candidate to participate in the announced competition.

The main area of research by Tsanko Tsankov is the process of basketball training, and the highlights in its development are:

- programming sports training in basketball (the use of tricyclic periodization);
- developing individual periodization models of sports training and individual training activities as part of these models;
- creating an anthropometric and anaerobic profile of elite women basketball players from the national women's team under 20, thus supporting the

future selection, prognosis and streamlining of training methodology for elite women basketball players of the stated age group;

- basketball curriculum development for students from 5th to 11th grade in sports schools in the Republic of Bulgaria;
- the creation and scientific substantiation of a methodology for the sports training of adolescent basketball players;
- optimizing the training process for adolescent and elite basketball players by putting into practice velocity-impact complexes that, in content, volume and intensity, meet the goals and objectives of the respective sports-training periods;
- experimenting with a new methodology, available for use by competitors and coaches or sports psychologists, to improve the sporting, technical and mental performance of adolescent basketball players.

5. Key critical notes and recommendations

Significant results have been achieved in the area of teaching and research, which Assoc. Prof. Dr. Tsanko Tsankov should share with students, professionals and international scientific community as a public lecture, showcasing his teaching and scholarly activities.

6. Conclusion

I believe that the amount and content of the scientific papers submitted by the candidate Assoc. Prof. Tsanko Tsankov, Ph.D in combination with his teaching activity and practice, fully meet the criteria, requirements and conditions for occupying the academic position of "professor" in the announced competition.

On this basis, I give my **positive assessment** and propose to the Honorable Scientific Jury to propose to the Honorable Faculty Board to choose **Assoc. Prof. Tsanko Tsankov, Ph.D** for the academic position of **“Professor”** in the

professional field 7.6. Sports, specialty “Sport (Basketball)”, NSA “V. Levski”
Sofia.

11.02.2021

Reviewer:

V. Tarnovo

(prof. Milena Aleksieva, Ph.D)