



INVITATION

FOR PARTICIPATION IN SCIENTIFIC CONFERENCE AND SEMINAR OF GYMNASTICS
DEPARTMENT, SOFIA, OCTOBER 28, 2023

DEAR COLLEAGUES,

We are pleased to invite you to participate in the Scientific Conference and Seminar of the Gymnastics Department at the National Sports Academy "Vassil Levski", Sofia.

The conference will be held on **October 28, 2023** at National Sports Academy "Vassil Levski" – 21 Acad. Stefan Mladenov, Student Town, Sofia, Bulgaria.

The programme of the conference includes a seminar and a round table on topic "Physical preparation in gymnastics disciplines" led by NSA specialists. They are orientated towards specialists and coaches from all gymnastics disciplines.

Requests for participation should be submitted via e-mail: gym.nsa@abv.bg until **September 15, 2023**.

The participation fee should be paid from **October 23 to 27, 2023** at the cash desks of the NSA or with a bank transfer to the NSA account: NSA "Vassil Levski" Bank BNB, IBAN: BG83 BNBG 9661 3100 1751 01, BIC: BNBGBGSD.

SCIENTIFIC CONFERENCE

Registration: 9.00 a.m.

Start: 9.30 a.m.

Conference topics

"Scientific and applied aspects of physical education and sports training in gymnastics disciplines"

Each author can take part with two articles (as a single author or in co-authorship) in Bulgarian and English.

The request for participation includes title, name and family name, institution, e-mail address.

The full text should be sent until **23 October 2023** to e-mail: gym.nsa@abv.bg and must be formatted according to the requirements of the NSA Yearbook.

Participation fee:

- ✓ BGN 50 for the first article (each author) and BGN 20 for the second article
- ✓ PhD students and students – BGN 30
- ✓ Attendant without manuscript – BGN 20

The fee includes conference materials, a coffee break, publication of the papers in NSA "Vassil Levski" Yearbook after approval.

Presentation of the manuscript:

Oral presentation 10-12 minutes.

SEMINAR AND ROUND TABLE

Start: 2.00 p.m.

Seminar and round table topic

"Physical preparation in gymnastics disciplines"

The request for participation includes title, name and family name, organization (club), e-mail address.

Participation fee:

- ✓ BGN 10 for participants in the round table

Program:

➤ Prof. Daniela Dasheva, DSc

Theory of Physical Preparation

➤ Assoc. Prof. Ivaylo Lazarov, doctor

General Physical Training and Specificity of the Functional Profile of Gymnasts.

➤ Assis. prof. Nikolay Ivanov, PhD

Special Physical Preparation

➤ Assoc. Prof. Marina Petrova, PhD, Assoc. Prof. Maria Gateva, PhD

Training Platform for Gymnastics Specialists Focused on Special Physical Preparation.